

SUNDAY SERVICES AT 10:30 A.M.

"All Souls—the church that puts its faith in you"

Phone Tree

The default method of notifying the congregation of cancellations is to put the information on the website and send an email to our email list. However if you prefer to be notified by phone, either reply to this email or call 315-921-1162.

https://us02web.zoom/j/82315944436
We use the standard zoom link for worship services

November Services

November 2 – Joanne Harter: Samhain and Dio de los Muertos.

November 9 – Rev. Cindy Terlazzo: "Keeping Covenant - What Does it Mean to Be a UU?" What is a covenant? When lived, it becomes our way of being together through the acts of Promise Making, Promise Keeping, Promise Breaking and Promise Renewing. Let's explore the promises we make to one another.

Intro to UUism Workshop" at 1 on November 9th

November 16 - Rev. Andrea Abbott-Hook: "Isolation."

November 23 – Rev. Cindy Terlazzo: "This Precious Human Life:" Everyday is a new opportunity to give thanks for the gift of this precious human life. On this Sunday in mid November,

as our thoughts turn toward a season of giving thanks – let us be grateful for the ways we nourish and uplift each other. Join us as we break bread together – giving thanks for all that is our life.

Saturday November 29, 1:30 PM, Presentation by Michael Carnecki

November 30- Michael Czarnecki, poet: "Learning to Bow: Gratitude, Appreciation, Respect". Reflections on a 3 1/2 week Journey in Japan.

A Message from Our Minister Rev. Cindy Terlazzo

Earlier in October I had the privilege to travel to Montgomery, AL with over 20 of my UU ministerial colleagues for a week in which we were able to take a deeper dive into the events that took place there during the Civil Rights era of the 1950s and 60s. We visited the Freedom Riders museum that was located in the old Greyhound Bus station and the Rosa Parks museum – a space dedicated to her actions and the power of saying no. We immersed ourselves in somber and heroic events by touring 3 incredibly well done locations created by the Equal Justice Initiative that focused on the history of slavery, the eras of lynching, segregation and today's mass incarceration of people of color.

We visited the Dexter Ave. church where at the age of 25, Dr. King became the pastor there and a year later led the Montgomery Bus Boycott. And we visited the home he shared with his wife and young children the night it was bombed.

We stood on the steps of the Alabama State Capitol where Gov. George Wallace proclaimed "Segregation now, segregation tomorrow, and segregation forever" and just a few years later, Dr. King spoke at the end of the march from Selma to Montgomery – declaring "We are not about to turn around. We are on the move now...Let us march on ballot boxes until race-baiters disappear from the political arena."



Experiencing history in this fashion – by inhabiting the same physical spaces, walking the same streets, even sitting in the same pews as people I have read of makes the events of the past so much more vivid for me. The struggles of the past become so much more palpable.

Experiencing history in this fashion reminds me of what humans are capable of – both the horrors we are able to inflict upon one another and the deep well of goodness, compassion and strength that each of us has access to as well.

Experiencing history in this fashion also so clearly reminds me that history is being made each and every day. We are each a part of the unfolding history of the human story on this planet. We each get to decide how we want to live our lives and consider what impact our actions, our lives may have on future generations.

We know that the world of 2025 in these United States is one filled with tremendous struggle. We are in the midst of a transformation that we do not know the outcome of. I urge us to learn from the past – recognize and claim our personal power and know that, however small they may seem, our thoughts, our words, our actions make a difference.

My wish for each of us is that we live our values and principles out-loud – that we stay on the move toward justice – that we refuse to turn around – keeping our eyes always on the prize of building that long sought after Beloved Community where everyone has a seat at the table.

From the President's Desk Robert South

Results from RE Conversation

I've reviewed the recording of the RE Brainstorming session on the 12th of October, and here's the upshot. We've decided to establish a task force (Robert, Kelly, Kat, and Cindy) to (a) develop a survey about what members (especially parents) want for an RE program and (b) implement what results. And in the meantime we need to do a better job of communicating (a) what we have on offer now and (b) what kind of thing we are hoping to develop. Have an insert in every order of celebration explaining the current program and hopes for the future. Advertise specific plans and leaders for each Sunday in the weekly post.

Different families have different needs at different times and stages, and it can't be defined by a rigid age categories, but also our volunteers have varying capabilities. But all agree it is important to have some kind of formal RE as an alternative, and there are many ideas about what should be in it and how it should be organized. Most want a standard "mini service" agenda for standard activities and at least periodic programs for familiarization with major religions (but not indoctrination). We can't impose choices but we can't do it all at once so the only answer is that we have to do it at different times. I think we should offer formal planned RE outside of the the service time, and only during services have a choice of supervised play outside the sanctuary or else quiet play in a wiggle room at the back for kids who don't want to sit with their parents. And when we do a survey, attached to it should be the form signing up as an RE volunteer. Turn them in together. But those are just my ideas for the task force. As members, just look forward to the survey.

Building and Grounds: Toilet in the Men's Bathroom

Toilet in Men's Room: The toilet in the men's room has long had a habit of clogging and flushing slowly. When it was removed for replacement it was discovered that when initially installed the hole in the floor did not line up with the pipe through the foundation. The flange attaching the toilet had to be replaced because it was rusted out, and the new toilet per se will flush faster, but there will be ongoing issues with clogging because waste essentially falls onto a shelf and eventually makes it's way down through a reduced, eye shaped opening. Correcting the situation would be a major project involving modification of the foundation. So, make use of the plunger when necessary. There's nothing wrong with the toilet itself or its installation but with the initial construction.

Building Use:

Many groups continue to use the building, more and more.

NYSCU:

Four of us are going up to Canton to attend the annual gathering of the New York State Convention of Universalists.

What's Coming Up

- Show up at Panera Bread November 6, on outer Arsenal at around 6PM and let's all eat together. In addition to a supper with friends, we'll be participating in a fundraiser for the church.
- Thanksgiving will be a potluck on November 27th. Bring your family if in town. Be there at 2 to eat, or earlier if you are contributing food or want to help set up or just hang out and watch movies. Look for the sign up sheet for that.
- Mike Czarnecki, a published poet, will be conducting a Poetry Workshop on Saturday November 29th. Look for the signup sheet for that.
- I'm moving the Congregational Conversation about Covenant of Right Relations. It was going to be November 9th, but Rev. Cindy is doing a class that day, so it will be Nov 23rd instead.
- Rev Cindy will be giving an "Intro to UUism Workshop" at 1 on November 9th.

On December 14th the congregational conversation will be about FUNdraising.

And as always, Joanne Harter welcomes help with the altar decorations.

Historian

Sarah O'Connell

Memories of the Henderson Universalist Church

In early October, the Sackets Harbor Quilt Show featured several items from the Henderson Historical Society (which is now housed in the former First Universalist Church of Henderson). One of their quilts was a signature quilt from the church featuring several congregation members.

Very cool!



People News

We Remember Sean Briggs

Sean, son and stepson of Janine and Tom LeClair, died Monday 20 in Samaritan Medical Center. Sean came to All Souls for RE as a youngster.

There will be a service at All Souls on Saturday, November 8. The women of the church will supply cookies and refreshments for attendees. When asked what his favorite cookie was so the women can bake them, Janine said he didn't have a favorite. (If you are planning to provide some cookies, bring your favorite to make.)

Sarah O'Connell Facing Surgery

Sarah O'Connell will be having surgery at Crouse Hospital on November 1. She plans to recover at her brother's house in Syracuse for a brief time, then she'll be back in her own home.

Around the Church:

Craft Night Kat Hammond



Update from Craft Night







Craft Night continues to be fun and the October project was a hit! The Pen/Pencil Caddies made were a variety of color combinations which were unique to every crafter. Before we started, I had made a "story board" to use as a visual guide to the project. Everyone felt it was very helpful. I will make an attempt to make a "story board" for each project in the future. **Our next project will be held on November 14th, from 6-8pm**, in the Eaton Social Hall. I work very hard between Craft Nights to make sure each project is something that everyone can do. Everyone is encouraged and welcome to attend, including children. Watch the weekly post for more info.

Roadside and Church Cleanup



Never done! Sarah O'Connell works at sorting out the items on the bookcase to her left, while Amy Summerville-Loomis works at a separate table. Photo by Robert South.



While the roadside cleaning crew collected more than the usual trash from our adopted highway (Route 159—outer Gotham Street) the inside crew of Janine LeClair, Harriet McMillan, and Pat Sutherland were hard at work cleaning the chairs in the sanctuary. About a quarter of the chairs were cleaned. Harriet plans to go back and work on the other chairs and invites anyone to help her.



Taking a break from cleaning and collecting are: Eleanor Allen, Harriet McMillan, Amy Summerville-Loomis, Pat Sutherland, and Janine LaClair. Photo by Sarah O'Connell.





Photos from the No Kings Rally







All Souls was well represented at the No Kings Rally on Public Square October 18. How many people can you recognize?

From Heather's Kitchen

Heather Winn

The three sisters planting method grows corn (maize), beans, and squash together as a way of using each plant's characteristics to support the others. Corn provides a support structure for beans to use as a trellis. They both provide shade for squash who spreads out on the ground and prevents evaporative loss and weed growth. As a legume, beans re-enrich the soil with nitrogen. This recipe merges the three foods together in an easy vegetarian recipe that feeds a crowd.

Three Sisters Soup

Ingredients

- 1 Your favorite winter squash butternut, acorn, kabocha
- 1 tablespoon avocado oil
- 1 yellow onion diced
- 4 cloves garlic minced
- 2 quarts vegetable stock or water
- 1 teaspoon dried thyme
- 1 teaspoon ground cumin
- 1 pound fresh, frozen, or canned corn kernels
- 1 can cans cannellini beans drained (15 oz)
- 1/4 cup green onions sliced
- Salt to taste

Instructions

- 1. Halve the squash and scoop out the seeds. Remove the squash seeds and skin and cube the remainder of the squash into 1-inch pieces.
- 2. In a large stockpot, heat the oil, garlic, and squash over medium heat and sauté the onions until they are translucent. When the onions are soft, add spices and stir for 60 seconds.
- 3. Add the stock or water, corn, beans, and simmer for 20 minutes or until the squash is fork tender.
- 4. Taste and adjust seasoning as needed. Enjoy!

This and more indigenous recipes can be found at indigikitchen.com.

How does a Panera fundraiser Work?

We applied to Panera to have a fundraiser on November 6, and were accepted. Panera posted a flyer for us to use when developing the fundraiser. We have to distribute the flyer in advance of November 6th, as we can't pass it out at the restaurant that night. (You can take a picture on your phone and show it to the clerk, also). As long as we have sales of at least \$150, Panera will give us a percentage of the sales. It's so easy!

Every Month at All Souls

CUUPS (Covenant of Unitarian Universalist Pagans)

We meet in the Eaton Social Hall on the first and third Friday of the month, gathering at 6:30 PM to chat, and getting around to the evening's agenda at 7 PM. If you're interested in following a positive spiritual nature-centered path, fee free to join us!

Game Night

Join us the 4th Saturday of the month from 6-8 to play games. There are many games available for us all to play. We provide pizza, and you can feel free to bring a treat.

Craft Night

Many months (but not all,) we also hold a craft night. Watch the newsletter and Weekly Post for details. In November, Craft Night will be November 14, 6-8.

Generosity Project

Every year we choose two organizations to share half of our uncommitted plate collections. It works as follows: the collector tracts the uncommitted funds, and the congregation selects the organizations. At the end of the church year, we divide the uncommitted funds in half, retain one half, divide the remainder in half and send those monies to the chosen organizations. This year we chose Planned Parenthood and SIDRN (Syracuse Immigrant and Refugee Defense Network.) Each organization receives ½ of the uncommitted funds for the year.

And Every Week at All Souls

The basket for your donations to the Urban Mission Food Pantry are always available for your donations. We serve fair trade coffee during our pot luck coffee hours.

Netty Palladino forwarded the following for inclusion.

This was posted on another group and really felt it was eye opening!

So, I spent some time at a Food Bank today, and spoke to the people getting food. Here are some things I learned from those in need.

- 1.Everyone donates Kraft Mac and Cheese in the box. They can rarely use it because it needs milk and butter which is hard to get from regular food banks.
- 2.Bpxed milk is a treasure, as kids need it for cereal which they also get a lot of.
- 3 Everyone donates pasta sauce and spaghetti noodles.
- 4. They cannot eat all the awesome canned veggies and soup unless you put in a can opener, too, or buy pop tops.
- 5. Miikl is a luxury but needed for Rice A Roni which they also get a lot of.
- 6. Spices or salt and pepper would be a real Christmas gift.
- 7. Sugar and flour are treats.
- 8. Tea bags and coffee make them feel you care.
- 9. They fawn over fresh produce donated y farmers and grocery stores.
- 10. They rarely get fresh meat.
- 11. Tuna and crackers make a good lunch.
- 12. Hamburger helper goes nowhere without ground beef.
- 13. They get lots of peanut better and jelly but not sandwich bread.
- 14. Butter and margarine are nice too.
- 15. Eggs are a commodity
- 16. Cake mix and frosting makes it possible to make a child's birthday cake.
- 17. Dishwashing detergent is very expensive and is always appreciated.
- 18. Feminine hygiene products are a luxury and women will cry over that.
- 19. Everyone loves Stove Top dressing.

In all the years I've donated, I've always bought what I thought they wanted, but never asked. I'm glad I did. If you are helping a family this Christmas, maybe this can help you tailor it more

Unitarian Universalist



Over **7 million people** joined the *No Kings* protests across the country — one of the largest demonstrations in U.S. history.

Among them were thousands of Unitarian Universalists amplifying our values, sharing joy, and joining the call

for a democracy where we all have a

voice and where all of us can thrive.

UUA President Rev. Dr. Sofía Betancourt with UUA Vice President for Programs and Ministries, Rev Ashley Horan; and UUA Executive Vice President, Carey McDonald at No Kings in Boston, MA



These marches were more than protest — they were a **model of our collective power**. We gathered to keep one another safe, to find common cause, and to build across difference. That is democracy itself: a people discovering their own strength, shaping the world through solidarity, and creating communities where everyone belongs.

The truth is, **the things we fight for must also be the things we fight with.** To build a democracy where all thrive, we must build movements where all thrive — movements rooted in care, courage, and collective responsibility.

In this time of **authoritarian capture**, when those in power use government and the military against their own people, we are called to build systems of care and safety that democracy requires. We are called to turn away from participation and compliance in systems that harm us, our neighbors, and our future.

Now it's time to **turn that moral power into an organized movement** — one that moves in solidarity, aligns across communities, and is willing to be transformed in service to liberation.

Join us for a special national call:

The Gathering: What's Next After No Kings

Monday, November 10 at 8pm ET / 5pm PT

Together, we'll:

- Build skills and strategies for strategic noncompliance
- Trace our radical UU lineage of history-making action
- Recommit to the transformative love that fuels our struggle for democracy

All Souls UU Church Board of Trustees

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Board meetings are held the fourth Friday of the month at 9:30 AM at the church. Meetings are open to all members of the congregation.

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PLEASE SUBMIT ITEMS FOR THE NEXT NEWSLETTER NO LATER THAN THE 15TH OF THE MONTH. ITEMS ARE APPRECIATED AS EARLY AS POSSIBLE.

All Souls Unitarian Universalist Church 1330 Gotham St. Watertown, NY 13601 ALL SOULS NEWS March 2013

ADDRESS SERVICE REQUESTED



We affirm and promote the inherent worth and dignity of every person.

Our Principles

Unitarian Universalist congregations affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Our Mission

- The mission of All Souls Unitarian Universalist Church is to create an environment in which
 personal and spiritual growth is encouraged; and where each of us is free to explore our
 individual beliefs and search for meaning.
- We strive to be a warm, supportive, nurturing and inclusive religious community where all people are respected and honored because of their uniqueness.
- We promote acceptance, diversity and social justice through our dealings with each other and our actions in the local and global community.

Visitors are welcome! If, as a visitor to our church community, you find yourself in agreement with Our Principles, please consider joining our church community. Just sign our membership book in the presence of two board members.