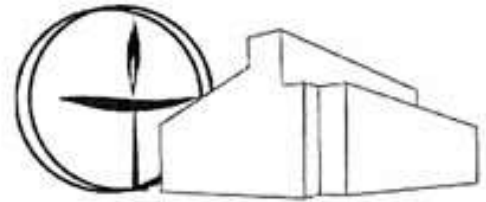


Greetings Members and Friends of

All Souls Unitarian Universalist Church.

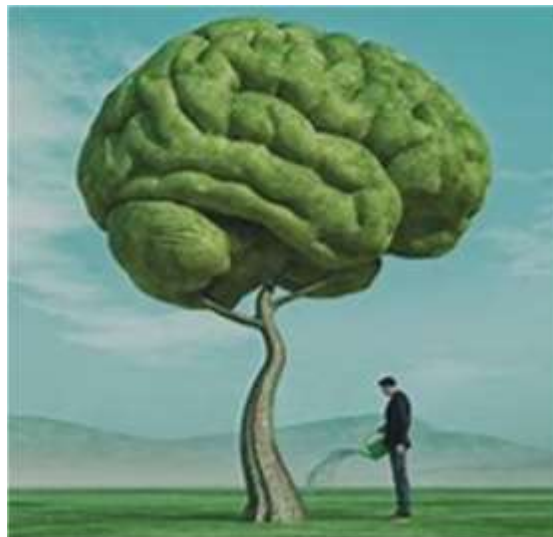
Wednesday September 13th Table of Contents (by pages):

1. Happiness, Flourishing and Well Being **September 17th**
2. Bicentennial Update, Meditation **September 17th 1PM**
4. Game Night **Friday September 15th at 5:00 PM**
5. Free Concert and Potluck **December 16h**



<https://www.facebook.com/AllSoulsUUWatertownNY>

10:30 SUNDAY September 17th, 2023
Andre and Judy deZanger
Happiness, Flourishing, and Well Being



We will be exploring how to live more Flourishing Life. Looking at Martin Seligman's book on *Flourishing* and his 5 pillars on how to live a more Flourishing Life.

Remote participation by Zoom will also be available at <https://us02web.zoom.us/j/82315944436>

Your Presence Makes All the Difference at All Souls
We miss you when you are away and
we feel enlivened by your return

ASUU Bicentennial Update

The Bicentennial Committee is continuing to prepare for its kick-off service on September 24th. The county that was being planned for a Saturday does not appear to have sufficient interest and availability, so alternatives are being considered. After the kick-off Service, we are planning to provide a brief monthly update during the service and, similar to Meditation that is now being held on the 3rd Sunday of each month after coffee hour, we are considering having a monthly bicentennial event, with the first potentially being carpooling to one historic location. Perhaps the October monthly event will be carpooling to make a visit to the Henderson Historical Society Museum for a brief docent presentation. Keep an eye here on the Weekly Post for our schedule as we confirm!

Sponsor & Attend Northern Blend Chorus Sing Fling concert on October 14th!

ASUU Members Pat Sutherland and Sarah Coughlin will be singing with the Northern Blend Chorus (verify, probably 6:30 pm at First Presbyterian Church) and Kelly is making a donation on behalf of ASUU to appear in the concert program as a Bronze-level Donor-sponsor of the group. Additional donations/pledges to raise the ASUU Donor-sponsor level [\$25 Bronze \$50 Silver \$100 Gold \$150 Platinum] will be taken through Sunday, September 17. Make your pledge/donation if you would like, and mark your calendar to attend a fine concert of/with fellow members and friends of ASUU!

Meditation

Put it on your calendar: Catherine Burns is planning to start up a UU meditation group to be conducted following a Sunday's service in the informal lounge at 1 PM on the third Sunday each month.



Eclipse Visitor Hosts Needed

We are still soliciting offers from our members to host out of town UUs for one night on the 8th of April 2024 to view the eclipse. This will be a total eclipse passing right over our heads, and for New England we may be one of the places closest to their home where they can come to get in the path of totality.

Once those who are willing have informed the office we can proceed. The original plan was to advertise starting in September, but insurance issues are being worked out with the component of letting people sleep in the church building for a lower fee.

With knowledge of how many beds we can offer in actual houses we will offer this to the public by emailing New England congregations and putting an ad in UU World (e-edition).

The exact pricing scheme is being worked out but the essence of it is that we will ask for donations to our Generosity Project charities year (Planned Parenthood and Children's Home) and those making higher donations will get to spend a night in one of our volunteer households, while others will have permission to put a sleeping bag on the floor in the church building.

YouTube Channel

Services produced by our congregation (including audience pans) are recorded and placed on our You Tube channel for two months. Copyrighted material for which we don't have permission is cut out, as are elements of the services which may involve sharing of private information.

<https://www.youtube.com/c/ASUUCWatertown>

Instagram

<https://www.instagram.com/allsoulsuuwatertown/>

Phone Tree

The default method of notifying the congregation of cancellations is to put the information on the website and email it out. However, some people would like to also be called on the phone. Rather than trying to call absolutely everyone, we are putting together a list of just those who prefer to be notified by phone.

If that's you, then either reply to this email or call 315-921-1162

Urban Mission Foodbank

There's always a container at the back of the sanctuary for food donations for the Urban Mission. They desperately need food donations (non-perishable) at this time. All Souls consolidates small donations and once the box is full someone will take it over to the Mission. Please bring a little something each time you come.



Game Night

For several months we've been getting together for a game night in the Social Hall. We're doing this third Fridays at 5 PM. Participation has been dominated by repeat-attendees, with no fewer than 5 to 10 individuals from at least 3 households present during the 2 hours. There have long been a bunch of board games in the RE Wing going to waste. We currently have complete sets of many games we haven't tried yet, but we don't usually rely on the library of games if someone doesn't already know a game well enough that we can get started playing quickly. What usually happens is that somebody brings a totally new game, offers to teach how to play it, and people go to the table that is playing the game they are most interested in. So far a game never played on any of our previous game nights has been in progress at all times somewhere in the room.

There will be pizza and please feel free to bring other junk food and/or games of your own.



**Be there on
September 15th
Friday at 5 PM,
bring a game, bring
the family.**

Member Care

A congregation is not a congregation unless we care for each other. At All Souls, the Membership and Activities Committee is also the Pastoral Care Committee when we don't have a minister. When members are going through life difficulties of various kinds, we want to be sure someone makes contact and asks what is need. Once we know a member is going through something that hasn't been addressed, we function as a clearing house to call on what resources are available. Accordingly, we also collect information on what kinds of assistance people are able and willing to provide. We can follow up on whatever is reported at Joys and Concerns, but we also need everyone to know we are here so they can come to us.

Please contact the office if you need help or can help members by taking by meals, helping around the house a bit, giving rides, or just visiting for emotional support.

Reserve YOUR SEAT for Free Holiday Celebration!

Saturday, December 16, 4 pm FREE CONCERT at Trinity Episcopal - with Potluck at ASUU before and/or after!

The Membership & Activities Committee would like to encourage ANYONE to suggest our friends of All Souls join in for scheduled activities or activities that we may schedule (such as last year's bowling at 3C lanes in Theresa). Kelly brings to our attention that December may be a sell-out holiday season, although the tickets are free for this event, they must be reserved - and she has reserved 10 tickets in the Balcony for friends of ASUU to claim on a first-come basis, OR you may want to reserve your own seats at the concert, anywhere you prefer, and we'll work out the details of getting together before or after the concert later. **Please let Kelly know (text (916) 877-5947 or email kelly@git-go.org, if you don't tell her at church) if you would like to participate and whether you have gotten your own seats!**

Another Concert opportunity to be shared is Saturday, November 11 (Veterans Day). At 3 pm at Trinity, "The New Consort presents Begotten, Not Made, that pairs sections of William Byrd's Masses with pieces setting texts from other faith traditions. At the heart of this program is a world premiere work that will include looping, improvisation, and the incorporation of "I believe..." statements solicited from the audience and performers alike."

At 7 pm, November 11, Kelly will be performing at Pickens Hall in Heuvelton with the orchestra of St. Lawrence University in Canton (and can give rides to 6 passengers leaving Watertown 5 pm-ish), and THAT concert will be repeated on SLU's campus, just a few miles from UU-Canton, on Sunday, November 12 at 2 pm. Kelly plans to attend UU-Canton's 10:30 a.m. service that morning; we can arrange rides for folks who aren't on her way departing Philadelphia.

Note: The FIRST Trinity Concert Series concert is September 17 and the full series brochure can be downloaded from

<https://trinityconcerts.org/wp-content/uploads/2023/08/2023-2024-Season-Brochure.pdf>

TRINITY CONCERT SERIES

**The New Consort:
Begotten, Not Made**

The New Consort presents *Begotten, Not Made*, that pairs sections of William Byrd's Masses with pieces setting texts from other faith traditions. At the heart of this program is a world premiere work that will include looping, improvisation, and the incorporation of "I believe..." statements solicited from the audience and performers alike.

SATURDAY
11/11
3 PM

\$22-\$30

SPECIAL EVENT

A FESTIVAL
OF NINE
LESSONS
& CAROLS

WITH
*Watertown
Musica Viva*

SATURDAY, DECEMBER 16
4 PM

There is no admission cost for this service of worship, but a seat-specific ticket will be required for admission. Tickets for this event are NOT automatically included in subscription packages and must be ordered separately. Call the box office or visit trinityconcerts.org now to guarantee your seat at this extremely popular service.

Workers Center 10th Anniversary

Hi everyone and good afternoon! We want to invite you all to the Workers Center's 10th anniversary celebration on September 23rd from 6:00pm to 10:00pm.

We will have food from a local vendor with vegetarian options, cake, and music from two local bands!

You can buy your tickets now using this link or choose to pay at the door. We just ask that you reserve your space ahead of time.

This is an event to celebrate the workers center and our allies so please feel free to invite your local church groups or communities that have shown their support for us. If you have any questions, let us know.

Thank you everyone and we hope to see you there!! 🎉 📅 🎵 🎸

<https://www.eventbrite.com/e/wccny-10th-anniversary-tickets-708354466277?utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=listing&utm-source=cp&aff=ebdsshcopyurl>

Do You Know Someone Who Might Enjoy Receiving This Email?

Feel Empowered To Share & Forward This Message

1330 Gotham Street Watertown, NY 13601

(315) 788-2742 email: allsoulsuuchurch@gmail.com

The Weekly Post (formerly the Shepherd's Post) is sent out every Wednesday at noon. It serves as a reminder of shortly upcoming events rather than a general purpose church Newsletter (normally). Please submit items for the Weekly Post to the office, allsoulsuuchurch@gmail.com.