

**All Souls Unitarian Universalist Church**

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**Date: Wednesday, July 3rd**

**Greetings to the Members and Friends of  
All Souls Unitarian Universalist Church.**



**Sunday, 10:30 am: July 7th, 2019**

# **Learning from Failure**



*Led by: Robert South*

Like all our services this summer, this will be a lay led circle discussion. Instead of just getting preached to this is your chance to experience an environment in which personal and spiritual growth is encouraged; and where each of us is free to explore our individual beliefs and search for meaning. You will get to be part of a warm, supportive, nurturing and inclusive religious community where all people are respected and honored because of their uniqueness. For this service, be thinking about the following questions: Does failing at something make you feel like a failure? Do you have memories of failures that made for good stories after the fact? Have you ever found a new way to approach a problem after repeated attempts with your old approach just not working?

Can you recall a time when you learned from someone else's mistakes, whether by watching them or reading/hearing about their experience? Have you ever struggled to let others learn from their own mistakes? Can you describe examples in your life in which a failure on your part made a positive difference in the end?

**YOUR PRESENCE MAKES ALL THE DIFFERENCE AT ALL SOULS**

*We miss you when you are away and  
we feel enlivened by your return.*

# Discussion Hour

This is a first Sunday of the month, so as always the Discussion Hour will be about some aspect of education about Unitarian Universalism itself. This is a good one for newcomers to attend.

This time our topic is the history of Unitarianism, specifically how it declined as a powerful force in American life.

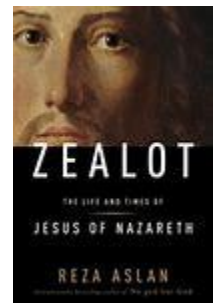
## The Rise and Fall of Unitarianism.



**Discussion hour starts in the informal lounge at 9:30 and lasts until 10:15**

Check the All Souls website for [the complete schedule](#)

The next common read will be the book [Zealot: the Life and Times of Jesus of Nazareth](#) by Reza Aslan.



We will discuss the first of three sections on July 14th.



Mari's Food Basket

Mari is the wife in a local farm worker family that some of our congregation have sort of "adopted," helping her with rides to get medical care. We are collecting food items/Walmart gift cards/kids' toys and clothing to make up a gift basket for Mari and family. Mari is on dialysis for end stage renal disease, and follows a special diet. Donations are being accepted at All Souls **through Sunday, July 7th**. Thank you for your kindness and generosity.

Suggestions for Mari's Food Basket:

**Note:** *Mari is on a high protein, low phosphorus, low sodium diet. Read labels carefully for sodium, potassium, and phosphorus content. Foods with too much phosphorus include dairy foods, cola drinks, whole grains, dried beans and peas, nuts, and chocolate.*

Protein: low-sodium canned meats (eg water-packed, low sodium tuna), "Orgain" Organic Protein Plant Based Protein Powder, high protein bars (such as Quest brand)

Cereals and Grains: Cheerios, Corn Flakes, old fashioned or steel-cut oat meal, rice (white or jasmine), rice cakes, slow-cook cream of wheat, pasta, corn tortillas

Fluids: 100% fruit juice (apple, cranberry, grape, pineapple), soda (club, lemon-lime), water (plain or sparkling)

Snacks: all-natural fruit leather, unsalted chips and popcorn, applesauce

\*\*Since fresh means, eggs, fruits and vegetables are best, may I suggest donating either a Walmart or Top's gift card; both have stores located in Lowville.

Suggested Donations for Mari's two girls (age 3 and almost 6)

Toys: Play Doh, Barbie-type dolls, soap bubbles, coloring books, crayons, colored pencils, washable markers, drawing paper

Clothing: Gieselle wears sizes 4 to 5, Jacki wears size 7

Questions? Contact Karen Hall at karenjon78@gmail.com, or (315) 771-9757

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**Please Don't Forget:**

*You are encouraged to bring canned food items to Sunday services. These donations will be shared with the Urban Mission in support of their local work.*

**Do You Know Someone Who Might Benefit From Receiving This Email?**  
**Feel Empowered To Share The Good News & Forward This Message**

The Weekly Post (formerly the Shepherd's Post) is sent out every Wednesday at noon. It serves as a reminder of immediate events rather than a general purpose Church Newsletter. Please submit items for the Weekly Post to the office, allsoulsuuchurch@gmail.com or to Robert South, tholish@verizon.net. Submissions received after 9 AM on Wednesday morning may or may not make it.