

Happy [Clutter Awareness Week](#)

**Members and Friends of All Souls
Unitarian Universalist Church.**

Wednesday, August 12th

1 Wanting Memories August 16th



<https://www.facebook.com/AllSoulsUUWatertownNY>

10:30 AM SUNDAY August 16th, 2026

Eleanor Allen



Wanting Memories

In Buddhist thought, happiness requires us to be present in the moment. Dwelling on the past causes us to lose touch with the present and can only lead to unhappiness. But maybe it's not cut and dried; maybe there's a positive role our memories play in our present lives.

Think about a favorite memory you're willing to share with the rest of us. It can be funny, serious, seemingly insignificant at the time - or a major event in your life. We'll go around the circle and those who are willing to do so, will briefly share a memory, and tell why you chose that memory. Then we'll go around a second time to reflect on the role memories play in our lives. For example, do memories of people who are no longer around help process loss? Do your memories give you a better understanding of things that happened in the past? Or a better understanding of complicated relationships? Does thinking about your favorite memories help you realize what's important to you now? Or do your memories lead you to dwell in the past and make you less happy now?

Kelly Sackheim plans to share Haiku written by our members related to the Hymns we'll sing. If you would like to request a hymn and share your Haiku, **please email allsoulsuuchurch@gmail.com no later than next Tuesday, August 18**, so that we can share in the Weekly Post which hymns will be sung, and individuals can think about a Haiku they would like to share (related to the hymns, or not!)

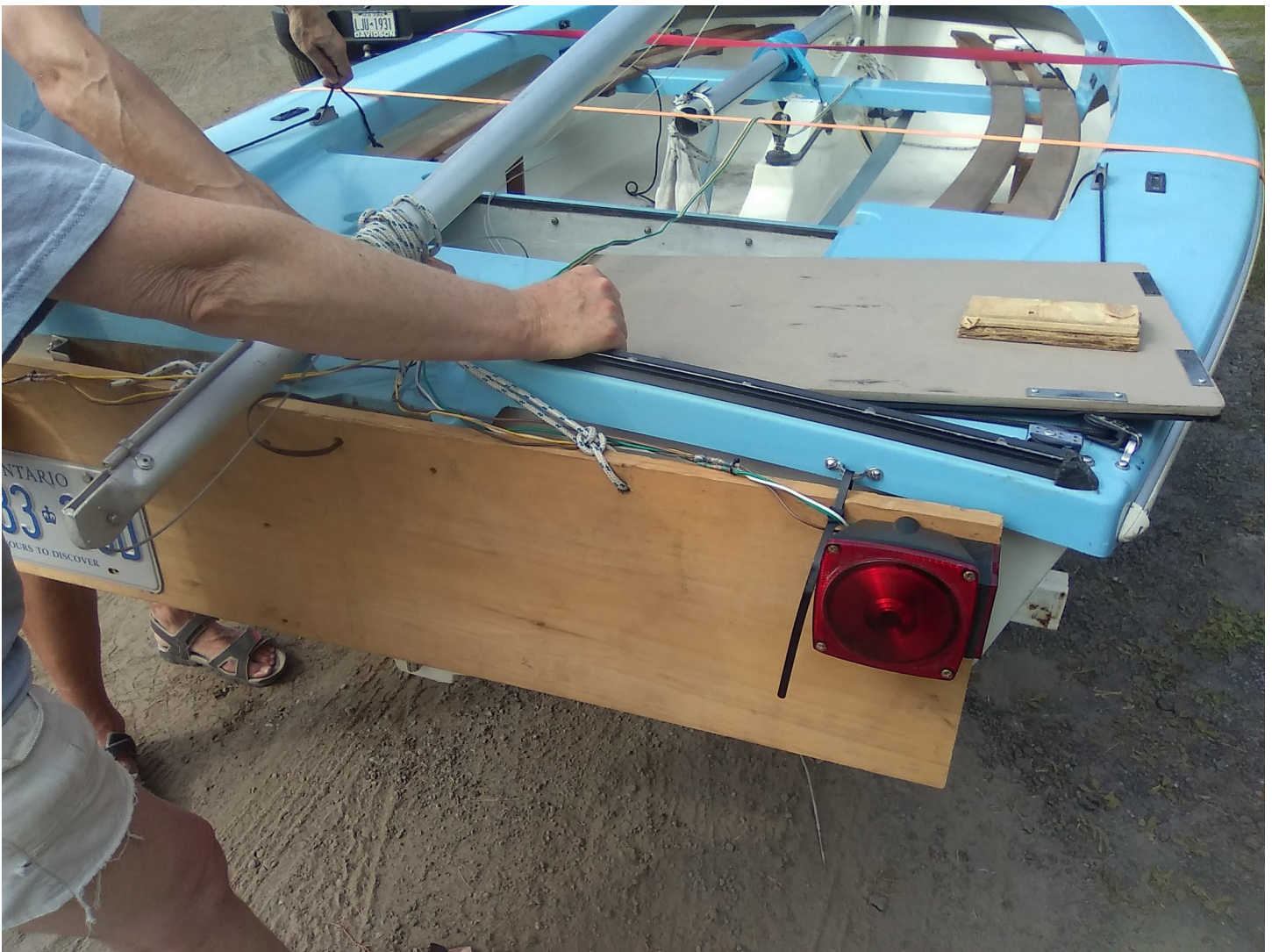
Haiku is a Japanese poetry form that does not need to rhyme, but is structured to have 3 lines, with each line having a specific number of syllables: 5 - 7 - 5

Kelly's hymn is Blue Boat Home, and her Haiku is (for now):

I sail Blue Boat Home

Robert sails Blue Boat Junior

Next, Tiny Blue Boat



Additional All Souls Activities

This week in the typical line-up for recurring evening activities at All Souls:

1st Friday and 3rd Friday: CUUPs, gathering at 6:30 for program at 7:00 pm

2nd Wednesday Lunch at the Crystal 11:30 am (or announce at Church on Sunday that you'll be there early if you want to see folks and have to leave early, and/or come late and catch those who are inclined to stay longer)

2nd Friday: Kat's Craft Night 6-8 pm NO CRAFT NIGHT IN AUGUST

4th Saturday: Game Night 6-8 pm



Craft Night Summer Vacation Time!

We are taking the month of August off

Craft Night resumes September 11th

6-8pm in the church Social Hall

Social Media

YouTube Channel

Selected worship services will be posted on the website for public viewing. Services remain public for two months. Currently recordings of May and April services are public.

<https://www.youtube.com/c/ASUUCWatertown>

Facebook

<https://www.facebook.com/AllSoulsUUWatertownNY>

Instagram

<https://www.instagram.com/allsoulsuuwatertown>

Additional Community Offerings

Social Justice and Action

Member Bulletin Board

Items are often submitted to the weekly post that are of a more personal nature, rather than items promoting activities or concerns of the church as a whole. That said, this bulletin also functions somewhat as a bulletin board where community events of interest may be posted, or where members can post personal items. Such postings, if not wildly inappropriate or controversial, or repetitive will appear in specialized sections for a limited time only, and primarily when coming from actual church members.

To submit such items, send them to the church office email "allsoulsuuchurch@gmail.com". This email is checked as part of the work during office hours, whereas email@allsoulsuu.org is used primarily for sending out mass emails. Items sent there may be seen only when those are being sent out. Please write "For Weekly Post" in the subject line.

Do You Know Someone Who Might Enjoy Receiving This Email?

Feel Empowered To Share & Forward This Message

1330 Gotham Street Watertown, NY 13601

(315) 788-2742 email: allsoulsuuchurch@gmail.com

The Weekly Post is sent out every Wednesday at noon. It serves as a reminder of shortly upcoming events rather than our monthly general purpose church Newsletter (normally). Please submit items for the Weekly Post to the office, allsoulsuuchurch@gmail.com.